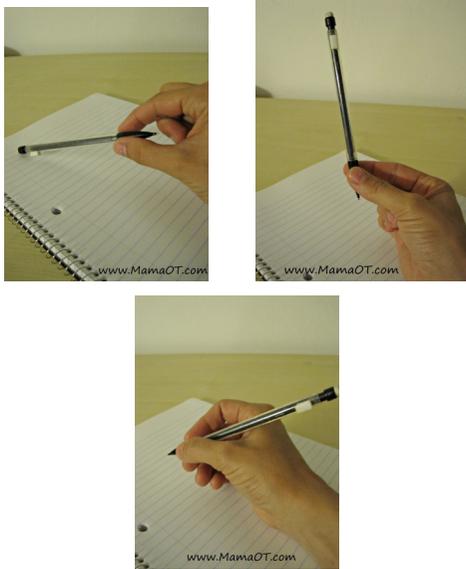


All of these activities lead ultimately to the development of an effective pincer grip, which in turns helps the child when beginning to write.

The mechanics of holding a pencil correctly is very difficult and can take lots of practice.

Here is an example of the "pinch and flip " method which we find very successful in school. Your child pinches the end of the pen/pencil using the pincer grip (thumb and index finger) then the pen is flicked backwards gently into the writing position. Using a shorter pen or pencil also has very good results.



"Fiddly Fingers" Stay and Play



Thank you for sharing the activities with your child today We hope that you have found this session informative , if you have any further questions please

Don't hesitate to ask a member of staff.

Today's focus is on Physical Development in terms of fine motor control. Fine motor movements involve the coordination of small muscles in the hands and fingers.

Strong fine motor skills are essential to complete tasks such as writing, cutting, using a fork or spoon, threading beads, moving puzzle pieces, zipping, buttoning, and tying shoe laces.

Without well-developed fine motor skills, a child may have difficulty learning to write or to undertake tasks such as using scissors.

The activities that you will see today have been devised to strengthen the small muscles of the hands and fingers in order to develop a good pincer grip (using thumb and index finger to pick up objects)

The activities are as follows:-

- Picking up pom poms with tweezers.
- Copying pattern cards with pens.
- Threading the pipe cleaners into the colander.
 - Threading pasta onto string.
- Picking letters out of jelly with tweezers.
 - Connecting nuts and bolts
- Following a cutting pattern with scissors.

Here are some ideas that you can try at home



Try putting elastic bands around a kitchen roll tube.



Balancing marbles on an upturned egg box.



Threading pasta onto string.



Using cotton buds to paint with encourages the pincer grip. As always with young children if the activity is FUN they will love it !!!