

# HOME LEARNING ROUTINE



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Time	Activity	Description
09:00 - 09:30	<b>Exercise + breakfast</b>	Spend 10-15 minutes exercising by stretching and getting the body moving. Use YouTube videos for ideas! A hearty breakfast will help prepare for the day.
09:30 - 10:30	<b>Mathematics</b>	Spend at least 15 minutes working on the foundations of maths: times tables, number bonds and arithmetic skills. Use YouTube videos, resources sent by your school and external resources to make it more engaging.
10:30 - 11:00	<b>Break</b>	Child-initiated breaktime. Encourage discussion, hobbies and mindfulness over mindless screen time. Allowing electronic games will make it a lot harder to carry on working afterwards.
11:00 - 11:30	<b>Reading</b>	Reading is the staple to educational success. Choose whether to read with your child or allow them to read independently. Challenge their knowledge of the book with questioning!
11:30 - 12:15	<b>Writing. Including spelling, punctuation and grammar (SPAG)</b>	Using provided resources, such as your school or providers from our recommended list, spend some quality time developing a piece of creative writing. Encourage editing once finished to improve punctuation and grammar. Themes to consider: letters, stories, fact files, diaries, newspaper reports, poems, book reviews.
12:15 - 13:15	<b>Lunch</b>	Try to avoid electronics.
13:15 - 14:15	<b>Child-initiated learning</b>	Utilise the amazing resource of the internet. YouTube educational channels and research something of interest to your child. Consider starting a research project that includes opportunities for arts, crafts and science.
14:15 - 15:00	<b>Break</b>	Try to ensure some outside time and fresh air. Go for a walk if possible.
15:00 - 15:30	<b>Housework</b>	Help clean the house, encourage and demonstrate responsibility.
15:30	<b>Free time</b>	Normal afterschool routine.